



# Living, assistance and care, tailored to your needs





#### Welcome!

Moving always involves a great deal of change: a new home, new people and new surroundings.

#### Your new home has many benefits.

In our retirement homes, you have the opportunity to live independently in your own apartment well into old age, safe in the knowledge that help and support are there whenever you need it and that family and friends are always welcome. This is guaranteed by *Kuratorium Wiener Pensionisten-Wohnhäuser*, the operator of *30 Häuser zum Leben* retirement homes and the largest provider in Austria with 60 years' experience in the sector.

#### And the world is your oyster.

You can go on holiday, take part in one of our many excursions, try new things or go to the theatre. Feel free to do whatever you love and whatever makes you happy. As we offer a wide range of entertainment and leisure activities in our homes, you often won't even have to leave the premises.

Our additional services deserve a particular mention here. We have the three physical rehabilitation centres at *Haus Wieden, Haus Atzgersdorf* and *Haus Gustav Klimt*, a support centre for people with dementia at *Haus Rosenberg*, an in-patient hospice at *Haus Döbling*, assisted living for people with disabilities and those with socio-psychiatric needs at *Haus Mariahilf* and *Haus Neubau* as well as our shared-living accommodation with students and temporary accommodation for relatives.

We are confident that you will find an option to suit your needs.

Welcome to the Häuser zum Leben!

Christian Hennefeind
CEO Häuser zum Leben



# What you can expect from Häuser zum Leben

We provide you with a comfortable new home that you can furnish to your personal taste and a team of dedicated, motivated staff who are happy to cater to your individual wishes and needs. Then there are your fellow residents – join them for stimulating conversations, communal activities and make new friends.

# Home-cooked meals

They say that dining brings people together – in that case, we bring them together up to five times a day in our *Gast.Haus* restaurants! Breakfast, elevenses, lunch, afternoon snacks and a take-away dinner can be enjoyed together or by yourself in your room. Best of all, at *Häuser zum Leben* we serve freshly prepared, home-cooked meals every day focussing on delicious, enjoyable, healthy food. We provide a varied range of dishes, primarily using regional, seasonal and organic produce. All of our 30 kitchens have been rewarded of the Austrian Ecolabel for Communal Catering! At least three dietary options are available for lunch and dinner; one of them is suitable for a light normal diet and one is based on the recommended diet for diabetics.

# Markt.Platz – The place to meet

Our *Markt.Platz* combines a grocery store, kiosk and cafe, where you can enjoy coffee and cake or a light snack whenever you want. However, above all the *Markt.Platz* is a place for socialising and leisurely get-togethers.

# Our services



We foster quality of life, integration and social interaction.

Our aim is to allow seniors to enjoy a selfdetermined life. We therefore provide a variety of residential and care options, and because everyone's needs are different, all the services in our 30 homes are tailored to your individual requirements.

# Supported living

If you are no longer able to live at home due to social, health or mobility reasons, then come and live in one of our *Häuser zum Leben*. Your new apartment (single, or double for couples) will be a comfortable, relaxing place and can be equipped with your own furniture. You will be able to lead an independent life and access our care and assistance services if required – even at short-notice. In our *Häuser zum Leben* you will be well-looked after in a comfortable environment.

#### The following amenities are available in all our homes:

- Reception with fixed opening times
- Gast. Haus restaurant for breakfast and lunch with an event stage
- Markt.Platz: grocery store, kiosk, cafe und social meeting place
- Freshly prepared, home-made food, organic juice and salad bar
- Fitness or multi-purpose rooms for leisure activities (e.g. table tennis, bowling, keep-fit, arts and crafts, etc.)
- Extensive grounds and lawns
- Internet stations
- Library



# Accommodation for visiting relatives

Thanks to our two family-accommodation options, your loved ones are welcome to stay on the premises when they visit you.

#### Option 1: Out-of-town visitors

Are you a family member who lives further away? We provide an in-house, furnished visitors apartment, which is available for a maximum visit of three weeks per year. The apartment is allocated subject to availability. Bed linen, towels and final cleaning are included. You are also welcome to eat in our *Gast.Haus* restaurant.

#### Option 2: End-of-life care

Would you like to spend more time with your family member during their final days? We provide free accommodation in an in-house, furnished visitors apartment for a maximum of five nights. The apartment is allocated subject to availability. No contract is required. Bed linen, towels and the option of eating in our *Gast.Haus* restaurant are included.

## Assisted living

Live in your own apartment in one of our *Häuser zum Leben* and enjoy all the comforts of supported living while also receiving individual care and support according to your pre-accessed requirements regardless of your long-term care allowance. Supported by a multi-professional team, you receive the level of care that is right for you. This allows you to be fully integrated into the social life of the home yet still have the option to withdraw if necessary. We provide special care for special needs and these can vary depending on your pre-assessed requirements. Under certain conditions, the following services are available:

#### Day care

Our day-care service provides assistance with everyday life – alone or in a group. We offer activities such as gardening, dancing, theatre, memory training and much more. Our aim is to foster your independence, mental and physical fitness, as well as your emotional well-being for as long as possible. Our day-care service is available five hours a week from Monday to Friday.

#### Enhanced day care for residents with dementia-type illnesses

Our enhanced day-care service provides a supervised, structured daily schedule in all our homes. Your existing skills are challenged and fostered on a daily basis and you can even learn new ones. Meaningful everyday tasks and activities reinforce your self-competence and improve your quality of life. This delays and/or prevents the need for in-patient care.

#### Enhanced day care for people with socio-psychiatric needs

In certain homes, we offer assisted living specifically for older people with socio-psychiatric needs. The focus is on supporting residents' independence and self-determination, as well as providing assistance with meaningful tasks, social integration and activities. This specific care is carried out by specially trained staff and takes place in groups of maximum 14 people. This offer ranges from basic care and needs-based medical assistance to mental stabilisation as part of a structured, individual daily and weekly schedule.

#### Enhanced day care for people with disabilities

In *Haus Mariahilf* and *Haus Neubau*, we provide assisted living specifically for older people with disabilities. Cognitively and/or physically impaired residents are involved in structuring and organising their daily schedules, thus enabling them to lead a normal everyday life in their own apartments. Specially trained, experienced staff provide dedicated, professional support according to residents' needs.

#### Support centre for people with dementia

The support centre for people with dementia at *Haus Rosenberg* provides an appropriate environment for mobile yet disoriented residents and offers them the highest possible quality of life and maximum level of freedom. Tried and tested concepts are used such as Naomi Feil Validation therapy, basal stimulation and aromatherapy. The collected biografy makes it possible to recognise wishes and needs and to foster existing ressorces.



## In-patient nursing care

Every retirement home is linked to at least one in-patient facility. Qualified nursing staff are on hand to provide care and assistance around the clock, and at certain times you will also receive medical treatment from our doctors. Our focus is on resident-centered care, assistance and medical treatment. You are welcome to attend all the events in our homes and make use of the communal areas.

#### Physical rehabilitation centres at Wieden, Atzgersdorf and Gustav Klimt

Seniors are encouraged to regain their mobility following a fall or as a result of illness so they can return to their own apartments. This includes reinforcing and restoring everyday skills and learning to use mobility aids independently. All our medical and nursing care is provided by interdisciplinary teams, consisting of doctors, occupational and physiotherapists, psychologists, social workers and nurses.

#### In-patient hospice at Haus Döbling

The in-patient hospice at *Haus Döbling* is designed for terminally ill patients over the age of 18 who are suffering from complex symptoms that require a high level of nursing, medical and psychosocial care. Terminally ill patients and their families receive mulitprofessional and holistic care. The focus is on maintaining and fostering the patients' quality of life-, and allowing them to lead a self-determined, dignified life until the very end.



# Care, treatment and therapy



The residents in our homes are cared for by a multiprofessional team next to qualified nurses and carers, our in-patient facilities also employ doctors who provide medical treatment. In our assisted living accommodation, care is provided by in-house GPs. Residents can choose which doctor they see.

Our multi-professional service is supplemented by our own psychologists and social workers, as well as

dieticians and occupational therapists. Residents may consult these professionals if they have pre-assessed requirements to do so. Physiotherapists work in our physical rehabilitation centres at *Haus Wieden*, *Haus Atzgersdorf* and *Haus Gustav Klimt*, as well as the in-patient hospice at *Haus Döbling*.

# Support for relatives

## Short-term respite care

Our short-term respite-care service is for carers who need some time for themselves. We offer short-term, temporary assisted living for people over the age of 60, who are in need of care. This is a specific service for family members who need short-term support due to holidays, illness or a sudden lack of time. This service is funded by *Fonds Soziales Wien* and can be used for a maximum of five weeks per year.



### Temporary respite care

Our temporary respite-care service is for carers who would like to take a break and are looking for temporary care and support for their loved one. We provide a furnished apartment in one of our *Häuser zum Leben* for seniors in need of care and support. They will receive access to the same services as our permanent residents, including five meals as day, for up to 92 days per year. Condition for funding: out-patient care cannot be provided at home.



# How to apply at Häuser zum Leben

- 1. Obtain an information and application folder for residential and care homes from Fonds Soziales Wien (FSW).
- **2.** Complete your application specifying your top three homes. Then submit your application to FSW either in person or by post: 1030 Vienna, Guglgasse 7-9 or via email: post@fsw.at If you are already registered with KWP, please make a note of this on your application so that it can be taken into account!
- **3.** FSW will arrange to visit you at home to determine your personal care and support needs.
- **4.** Once your needs have been established, you will receive FSW funding approval by post.
- **5.** FSW will notify you as soon as an apartment becomes available in one of your chosen homes. KWP will then invite you to view the apartment.
- **6.** If you like the apartment, you can move in immediately. You can also reserve the apartment for a fee. To give you time to organise everything, you can move in using free rental furniture (subject to availabilty).

Our 30 Häuser zum Leben

Haus Augarten

2., Rauscherstraße 16

**Haus Prater** 

2., Engerthstraße 255

Haus Maria Jacobi

3., Würtzlerstraße 25

Haus Wieden

4., Ziegelofengasse 6a

Haus Margareten

5., Arbeitergasse 45

Haus Mariahilf

6., Loquaiplatz 5

Haus Neubau

7., Schottenfeldg. 25-27

Haus Rossau

9., Seegasse 11

Haus Laaerberg

10., Ada-Christen-Gasse 3

Haus Wienerberg

10., Neilreichgasse 120

Haus Haidehof

11., Rzehakgasse 4

Haus Hetzendorf

Haus Föhrenhof

13., Dr.-Schober-Straße 3

12.. Hermann-Broch-G. 3

Haus Rosenberg

13., Rosenhügelstraße 192

Haus Trazerberg

13., Schrutkagasse 63

Haus Gustav Klimt

14., Felbigergasse 81

Haus Penzing

14., Dreyhausenstr. 29

Haus Rudolfsheim

15., Oelweingasse 9

Haus Schmelz

15., Ibsenstraße 1

Haus Liebhartstal

16., Ottakringer Straße 264

Haus Alszeile

17.. Alszeile 73

Haus An der Türkenschanze

18., Türkenschanzplatz 2

Haus Döbling

19., Grinzinger Allee 26

Haus Hohe Warte

19., Hohe Warte 8

Haus Brigittenau

20., Brigittaplatz 19

Haus Jedlersdorf

21., Jedlersdorfer Straße 98

Haus Leopoldau

21., Kürschnergasse 10

Haus Tamariske-Sonnenhof

22., Zschokkegasse 89

Haus Am Mühlengrund

23., Breitenfurter Str. 269-279

Haus Atzgersdorf

23., Gatterederstraße 12

Re-opening in summer 2021 following complete renovation

## We are here to help

If you have any questions regarding our *Häuser zum Leben* and our range of services, please do not hesitate to contact us. To avoid waiting, please make an appointment.

Monday to Friday: 8:00 am to 3:00 pm

- +43 1 313 99-0
- www.häuserzumleben.at

Tram Line **D** | Seegasse
Tram Line **5**, **33** | Franz-Josefs-Bahnhof
U-Bahn Line **U4** | Rossauer Lände

Please visit www.wienerlinien.at for any changes to lines and stops



#### About us

Kuratorium Wiener Pensionisten-Wohnhäuser (KWP) is Austria's largest provider of senior care. The non-profit organisation Fonds der Stadt Wien was founded in 1960.

KWP operates a total of 30 *Häuser zum Leben* retirement homes in Vienna with around 9,000 residential and care places and 150 senior clubs. Over 4,800 dedicated members of staff take care of residents and club visitors.





